THE NOTICEBOARD

Your New Ferintosh Community Council

Ferintosh Community Council have just begun a new four year term with 8 Councillors representing the community. They are:

Becky Richmond - Chair

Bruce Morrison - Secretary

Alison Lowe - Treasurer

Aileen Wilson and Emilia Leese - Joint Vice Chair

Iain McCallum

Peter Moffatt

Paul Cottis

Much thanks goes to Karen Harcus, Jim Holden, Alastair Macintyre and Sally Falconer for all their hard work during their time as Community Councillors.

Thanks also goes to Peter and Paul for responding to Bruce's email encouraging residents to put themselves forward and help make sure Ferintosh continues to be represented by a strong and proactive community council.

It is equally important to thank Bruce, Alison, Aileen, Emi and Iain who have all committed to continuing in their roles as Community Councillors. Thank you!

We are still missing the voice of young people in our community. If there's a young person who'd like to earn some volunteering hours and be a voice for the young people of Ferintosh, please get in touch with one of the councillors or email ferintoshcc30@gmail.com We'd love to hear from you.

FCC meet every second Wednesday in every month; with all meetings starting at 7.15pm. This winter we are holding 3 of our meetings over Zoom

08/11/2023 - Culbokie Primary School

13/12/2023 - Online

10/01/2024 - Online

14/02/2024 - Online

13/03/2024 - Ferintosh Hall

10/04/2024 - Mulbuie Hall

08/05/2024 - Culbokie Primary School (including AGM).

A Message From the Editor

Welcome to this edition of The Noticeboard. We've tried really hard to make this edition one that represents all areas of Ferintosh and I'm exceedingly grateful to those of you who responded to our plea for content. It's much appreciated.

If you've any events taking place in December, please let me know so we can include them in the next edition.

If you've any good news stories, poems or photos that you'd like to share, I'm waiting to hear from you. It would be lovely to make The Noticeboard a reflection of community life.

The deadline for the next edition is: Friday 24th November. Please email any ideas or content to: becky@blackislestud.co.uk

Ferintosh Wee Bus - Become a Driver



It's easy to sign up. All you need is your normal UK car drivers licence.

Even 2 hours a month would help.

To find out more, please contact Bruce Morrison at ferintoshcc30@gmail.com or Tel: 01349 877127

Do you fancy joining the fabulous team of Ferintosh Wee Bus volunteer drivers?

The bus is becoming more and more popular and we would like to increase our team of drivers to help spread the journey load.

In becoming a driver you would:

- Enable lifeline journeys for residents
- Help the community
- Get to know more people in the community
- Be part of a very friendly team

Culbokie News

Culbokie Community Trust



Culbokie Green

28 October 🛨 3.30 pm to 6.00 pm

Free event! All welcome.

Prizes for best pumpkin lantern & best costumes

Refreshments (bring a mug)
Storytelling Games

Treasure hunt







Halloween on the Green - Join us if you dare!

Join us for a spooky Halloween gathering on Culbokie Green on Saturday, 28 October 2023 - 3.30pm to 6.00pm. The Culbokie Community Trust are the hosts and everyone is welcome.

Storyteller Lizzie McDougall will entertain with otherworldly tales, you can join in with ghostly craft activities and unearthly games for one and all. There will be Potions and Brews in the earthly form of soup, nibbles and soft drinks. Experience an eerie lantern procession round the Green and a chance to explore the haunted nooks and crannies with a spinetingling treasure hunt.

We're also taking this opportunity to gather to celebrate the creation of the Green, with a grand opening by Councillor Lyndsey Johnston. We're keen to make this spooky spectacle as sustainable as the Green itself, so please bring your own reusable cups and mugs and get creative with what nature provides, or recycle and upcycle materials, for your costumes and lanterns (both optional!). There will be prizes for best costume and best lantern (pumpkin or turnip).

Scarily this event is free for all, so put the date in your diary – Saturday, October 28 from 3.30pm to 6pm.

This event is part of Celebrating Community Land Week and has been made possible by <u>Community Land Scotland</u> and by the <u>Scottish International</u> <u>Storytelling Festival</u>'s Big Scottish Story Ripple initiative. It's being organised by Culbokie Community Trust volunteers and will also mark the official opening of Culbokie Green, a space at the heart of the village where people and nature can mix.

Find us on Facebook for more on Halloween on the Green

Seasons of the Black Isle **Calendars 2024** Buy or reserve yours at at the Culbokie Community **Markets on** October 21st November 18th and Ideal gifts December 16th and stocking fillers for you can also buy them from family and friends Beach Café, Rosemarkie and for those who The Cheese House, Cromarty Same price as last year, Wall calendars: £10 Desk calendars: £8

Seasons of the Black Isle

Vivid images of the Black Isle, skilfully captured by entrants of this year's Black Isle Photographic Competition, are featured in the Black Isle 2024 calendars. Further information on Culbokie Community Trust website.

The calendars, available in two sizes, are available from Culbokie Spar, The Cheese House, Cromarty, Rosemarkie Beach Café and Picaresque Bookshop in Dingwall. Also catch us at the CCT stall at Culbokie Community Markets on October 21st, November 18th and December 16th or place an order by contacting us at event@culbokiect.org.

The wall and desk calendars, priced respectively £10 and £8, will make ideal presents for family and friends, for your own use or for those who have a special connection to the Black Isle.

Culbokie Community Market Indoor market and café in Findon Hall

Saturday 18th November, 16th December 1000-1200

Time to get your Christmas gifts and calendars.

Always great opportunity to buy local produce, bread/patisserie items, cakes, chocolate etc. or various locally made craft items and plants (Food vans still outside 1000-1100)

Enjoy a cuppa, cake/bacon roll and a chat in the café

Make it a date and support our local producers

Outdoors Every Saturday 10.00-11.00

Car Park beside the Church Profish and Highland Prime



Culbokie Sharing Shed

Winter Hours - Open Every Day 1000-1530 beside Church

Thanks to the generosity of our local community, primary school and FareShare the Sharing Shed continues to be well stocked with fresh fruit and veg, plus non-perishable food and household items.

The shorter days are fast approaching so please have a look in cupboards and see if you have any unwanted books, toys, games, jigsaws, craft materials etc. as we would welcome any donations to help folk pass the darker evenings. Plus, we are now happy to take any small Christmas items such as decorations and ornaments.

If there are specific needs within the community then please let us know. All monetary donations help provide additional food items. Please donate if you can when you borrow or take an item from the shed.

(Donations can be popped into the bins at the back but <u>please ensure items are</u>

<u>complete, in date, clean and no clothes/shoes/material etc)</u>

Larger items can be advertised in the shed or on Facebook.

Thanks to all for their continued support. Our lovely little shed has become a special place to check out for all ages.

There are now over 350 Facebook members - to keep up-to-date with what's available join the Culbokie Sharing Shed group on Facebook at: https://www.facebook.com/groups/343545136916931/

Further information can be found on the CCT website: www.culbokiect.org

The History Group

"Earth's crammed with heaven,

And every common bush afire with God, But only he who sees takes off his shoes; The rest sit round and pluck blackberries."

- Elizabeth Barrett Browning

When the History Group began it's researches into the history of Culbokie we were very fortunate to discover a book written by a native of Culbokie, Annie Smith Mackenzie which she entitled "Earth's Crammed with Heaven."

Annie was born at Ceylon Croft in 1906 and her description of her childhood in Culbokie was a source of inspiration and knowledge that we put to good use.

The book can be down-loaded in pdf format here.

An interview with Annie can be found here and helped confirm where she was born as the book doesn't give that detail but gives lots of clues with distances from the house to various parts of the area, especially to the Alcaig Ferry.

Her stories of school life, visiting the various shops in the village and further afield, duties in and around the croft all made for fascinating reading and helped point us in the right direction for many of our articles.

The full story of Annie can be found in the "People of Culbokie" section of the History website.

Next time we will make a start on expanding details of the various shops to which Annie refers starting with John Fowler the village butcher of whom Annie says "He did not sell by the 'wavering scales' method. His scales went down with a decided bump and you got a good bargain."

As always we are looking for interesting family/subject histories. Contact us at

history@culbokiet.org

Ferintosh Volunteers

Volunteers needed for

Autumn Afternoon Clean-Up

In and around Culbokie

Saturday, November 11th

1.30 - 3.30pm

To register, please contact ferintosh.volunteers@btinternet.com

Meet at the car park adjacent to the football ground

Litter picks, bags and gloves will be provided.

Children must be accompanied by an adult.

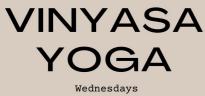


Findon Hall

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ACTIVITIES AT FINDON HALL

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| Activity | Details | Contact |
| Adult Badminton | Friendly badminton for the not so serious. September until end April. Monday 7.30pm | Allan Mackenzie on 01349 866494 |
| Beavers | Tuesday 6.00pm | culbokiebeavers@gmail.com |
| Tai Chi | Wednesday 11am | Beti at betitaichi@gmail.com |
| Baby and Toddlers | Parents, grandparents and other carers all welcome to come along and play. Friday 10am | Message us on Facebook – Culbokie Baby and Toddlers Or just come along on a Friday. |
| Indoor Bowling | Indoor carpet bowls for beginners and experienced players. Wednesday 7.30pm | Contact Bruce on 01349 877127 Or just come along as club equipment is available for use. |
| Kendo | Kendo, the way of the sword, is the art of Japanese fencing. Beginners welcome. Sunday 10am | www.contact@kendoinverness.com www.kendoinverness.com www.facebook.com/Invernesskendoclub |
| Culbokie Music Initiative | A variety of music lessons with drums, guitar and piano in person at the hall. Mondays | Contact Marc on 0773 492 4720 or Liam on 0787 663 0137 or Black Isle Music Initiative / Facebook |
| The Black Isle Orchestra | Grade 8 or very near standard playing please | black.isle.orchestra@gmail.com The Black Isle Orchestra/Facebook |
| Culbokie Community Market | Indoors, local food and crafts and café on the 3 rd Saturday of every month 10am – 12 noon Also fish and meat vans outdoors every Saturday 10-11am. | Culbokie Community Market/Facebook or sylviemain@googlemail.com |
| Culbokie Panto Group | Rehearsals start mid-August for December performance | Contact Sheila Robinson on 01349 800153 during office hours for details |
| Vinyasa Yoga | Wednesdays 6-7pm From 15/3/23 | Booking not necessary, just drop in. marthakennayoga@gmail.com |
| Pickleball | Thursdays 7.30pm from September until end April. Cross between tennis and table tennis – equipment supplied | Just turn up or contact Allan Mackenzie 01349 866494 |



6 - 7pm
Findon Hall, Culbokie
£10 drop in/£7 concession

Martha Kenna Vinyasa Yoga Teacher marthakennayoga@gmail.com @marthakennayoga

Classes start Wednesday 15th March 2023



Martha teaches weekly vinyasa yoga classes on Wednesday nights, 6-7pm, at Findon Hall.

These classes are open to all levels including complete beginner. Everyone is very welcome.

Classes are £10 to drop in (£7 concession), and there is no need to pre-book.

If you have any questions, please feel free to contact Martha:

Email: marthakennayoga@gmail.com

Facebook: Martha Kenna Yoga Instagram: marthakennayoga

The Tai Chi for Better
Health class is a friendly,
relaxed and relaxing class.
Based on Shibashi, it offers
gentle stretching exercises to
calming background music.
Accessible to all abilities and
suitable for older people who
may not have been to exercise
classes for a while. It can
help improve balance,
strength, coordination and
calm an overactive mind.

Accessible cost of £3.50 a week, discount for block booking, profits to charity.





Head to Findon Hall for an afternoon of culture in Culbokie and support the Black Isle Orchestra as they give their very first concert. With some great musical choices, this promises to be a lovely way to unwind on a Saturday.



Culbokie Players

Thank you to all those who came out on Saturday Night and supported our Autumn Quiz Fundraiser! We managed to raise £500 which will go towards our next Culbokie Pantomime! A massive thank you to Gavin MacCaffery for putting together such a fab quiz and being Quiz Master!!

We are now coming up to the end of October, and are only 6 weeks away from our opening night of this years Culbokie Pantomime. 'Culbokealot! The Legend of Clachnafudden'. We have the most amazing cast of kids this year. Not to be missed!

Tickets are now on sale, and can be purchased from the Culbokie Spar, November Community Market, or get in touch with the Culbokie Players

either through our FB page or by contacting Sheila. Contact details can be found on the poster.

We will be holding our annual Hogmanay Hoolie again this year. Tickets can be purchased from Sheila, or at the Community Market.





Culbokie Church Centre

Culbokie Church Centre activities

Sunday morning services at 10.30am (also online

at www.cruparish.online.church and via Facebook, and on Youtube afterwards)

Sunday School & creche on the 11th and 25th June



Café on Tuesday afternoons from 1.30 to 3.45pm



Line dancing on Wednesday mornings at 10am



Walking group on Thursday mornings at 10am



Mid week meeting on Thursday evenings with Mike Rattenbury



Senior Citizen's Friendship Group (First Monday in the month, **excluding** January, February, July and August.)

Women's Fellowship (Third Thursday of the month **from** September to May.)



For further information, please see www.culbokiechurchcentre.org and Facebook

Easter Kinkell News

Ferintosh Hall



Ferintosh Community Hall.

Ceilidh and Stovies Night with live band.
Friday 24th Nov. 2023 from 7:30 to 11:00pm.
BYOB. £17.00 per ticket.

Tickets and info from Rod 07821 270 635

Ferintosh Hall has recently completed a re-tiling of its roof as the old tiles were slowly disintegrating.

A contract was prepared and costs met by a grant from the Community Regeneration Fund. The work was carried out to a very high standard by a local roofing and carpentry business, Zucconi A & Associated Ltd.

Last year we completed a project to insulate the ceiling of the main hall. Most of the cost of this was met by awards from different funders. Again the work was carried by Zucconi Carpentry.

Recently we have noticed the harling on two of the walls cracking, and now beginning to fall off. This is our next project. A preliminary application has again been made to CRF for assistance and we await their decision.



Ferintosh SWI

A date for your diary!

Ferintosh SWI branch meet in the Ferintosh Hall (in Easter Kinkell) on the first Wednesday of each month. There is a change of time, so meetings commence at 7pm, with our Speaker, a short business meeting followed by tea/coffee, biscuits and blether!

Our January – March meetings are at 2 pm. I don't think anyone wants to go out on a dark cold winter's night!

We have a varied and interesting programme lined up for 2023/24.

2023

1 Nov: Christmas Craft Allison Bissett

6 Dec: Christmas Lunch Venue tbc

2024

10 Jan: 2pm Quizzes and Games

7 Feb: 2pm Taste a Favourite Recipe. Bring along a sample and the

recipe

6 March; 2pm Gentle Yoga Meg Somerville

9 March; Bulb and Floral Art Show Perrins Centre, Alness

3 April: Scott of the Antarctic Oliver Vellacot

3 May: AGM

17/18 May: Handcraft and Baking Show Legion Club, Dingwall

7 June: Afternoon Tea Venue tbc

We hope to see you at one of our meetings. It's a great way to **meet other** local people.

Further information, please contact Secretary Christine Pokornieki 01349 866036 or President Elaine Slinn 01349 863763

Mulbuie News

Mulbuie Hall

The hall is available to the community for booking at reasonable rates. Enquiries can be made through the Mulbuie Hall Facebook page. Alternatively you can contact Ben Soffe on: 07765 401 868.

Black Isle News



Black Isle Local Place Plan

What does the Black Isle mean to you?

Next week, a postcard will be popping through your letterbox. The Black Isle Local Place Plan team are asking you a simple question; **What does the Black Isle mean to you?**

We'd like to hear from everyone.

It doesn't matter how old you are or even how long you've lived here.

If you've lived here all your life, the Black Isle is probably a pretty special for you. We'd really love to know: why?

Perhaps you visited here on holiday and decided you wanted to move here. Why? What was it about the Black Isle that compelled you to move here?

Have you moved to the Black Isle through work? The Black Isle may mean something different to you. We'd still like to hear.

Over the last 7 months, we've heard from so many people about their future priorities for the Black Isle. We've also spoken to people who love the Black Isle 'just at is' to paraphrase that well known line from Bridget Jones. Not everything thing needs to change, so it's also important for us to know what needs protecting, particularly when we find ourselves sandwiched between the potential industry of the green freeport.

Why are we asking the question? To make sure that whatever the future plan says, it keeps the Black Isle special for all of us.

Whether you're a household of 1, 2, 4 or more; you've taken part in previous Place Plan engagements or you've yet to participate, we'd like to hear from you all.

There are a number of ways in which you can feed back to us:

- 1. Fill in the postcard and return it to one of the drop boxes located across the Black Isle.
- 2. If you've got lots to say, you don't have to use the postcard. You can tell us more on a larger piece of paper and pop that into a drop box.
- 3. Click on the QR code that's on the postcard and fill in an online version.
- 4. Email <u>nick@nickwrightplanning.co.uk</u> or <u>becky@blackislestud.co.uk</u>

We are looking forward to hearing from you.

Becky Richmond

Black Isle Local Place Plan Project Manager

Nick Wright

Black Isle Local Place Plan Consultant



Ferintosh Community Council

We are fortunate to have a very active Community Council who work hard on behalf of residents. The Community Council area is spread across 3 different areas, so the Council rotate their meeting locations to reflect that.

The next meeting of the Community Council will be held on **Wednesday 8th November**, 7.15pm at Culbokie School.

As a resident, you can become involved in a number of ways:

- Join the FCC email list and stay up to date with their activities
- Respond to consultations that FCC circulate
- Attend meetings
- Volunteer on behalf of FCC to follow up an issue or project. Our Community Councillors are all volunteers and as the saying goes 'many hands make light work'.

If you would like to be included on the email list or are interested in finding out more, please email Bruce Morrison, Secretary at **ferintoshcc3o@gmail.com/01349**877127

If you would like to receive an electronic copy of the Noticeboard, please email becky@brachla.co.uk and we can add you to the list.